

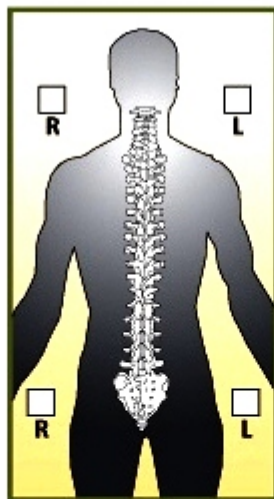
Instructions:

Participant stands with feet shoulder width apart and toes parallel then closes eyes and nods head back and forth twice bringing head back to middle. Keep eyes closed for ten seconds while observer checks shoulder and hip levels.

Observer stands facing the participant and lightly places index fingers on top of participant's shoulders in order to note which shoulder is higher. Then place index fingers on top of participant's hips and note which hip is higher. **Place a check in the appropriate box on posture graph on the right to indicate high shoulder and high hip.**

*Important: If one of these test areas is positive, there is a high likelihood that **subluxation** may exist but can only be confirmed with proper chiropractic exam and x-ray.*

Name _____



Name _____



Name _____



Name _____



What is your next step?

If you are a current patient of our office, bring this postural evaluation test back to the doctor on your next visit and allow the doctor to correlate the findings.

If you are not yet a patient in our office, then call us today and we will be happy to assist you in scheduling a complimentary consultation to discuss you and your family's health concerns. Many health problems stem from an unhealthy nervous system which is why it is so vital to regain and maintain optimal spinal health. We look forward to serving you.

For Doctors Use Only:

Findings: _____

Conclusion: _____