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Chiropractic good for neck pain and safer than drugs

A study done in 1996 and reported in The Journal of Manipulative and Physiological Therapeutics shows that Chiropractic care is not only better than NSAIDS (Non-Steroidal AntiInflammatory Drugs such as aspirin, ibuprofen, acetaminophen, etc.) at relieving neck pain but that it is safer as well.

The authors of the study noted that they were unable to locate any randomized, controlled tests that examined the appropriate use and effectiveness of NSAIDS for neck pain. They conclude that cervical manipulation, the generic, non-specific medical term for Chiropractic spinal adjustments, is safer than the use of NSAIDS by a factor of several hundred times.

NSAIDS are the typical medical treatment for these situations and work by raising the body's threshold of pain perception.

NSAIDS have been shown to cause problems ranging from gastrointestinal bleeding to kidney failure to death.

By way of commentary, the use of NSAIDS for the treatment of spinal problems leads to very serious problems in thousands of people every year. Numerous studies have shown over and over that Chiropractic is a safe and effective way to correct spinal problems, the pain they cause as well as the resulting body malfunction. Using dangerous drugs to cover up a problem that can be corrected with safe and effective Chiropractic care simply doesn't make sense. Try Chiropractic first.

**Our purpose is to educate and adjust families toward optimal health
with natural chiropractic care.**