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Chiropractic and Vision: Case Studies

A few related articles in the Journal of Manipulative and Physiological Therapeutics report on the connection between spinal problems and visual problems. The studies were all conducted by Dr. R.F. Gorman, an ophthalmologist, and others.

The June, 1995 issue reports that a 9-year-old girl experienced a narrowing of her visual fields that returned to normal immediately after the administration of spinal manipulation. Approximately one year later, she returned with loss of monocular vision after she was hit in the head by a ball. Again, the loss of vision cleared up after spinal manipulation.

In the July, 1996 issue, a 22-year-old man suffering from a painful neck was measured for visual field changes before and after spinal manipulation. After the manipulation, there was a measurable increase in visual sensitivity as measured by computerized static perimetry.

Generally, manipulation is the non-specific, medical term for chiropractic adjustment. Specifically, adjusting and correcting subluxations allows your body to function the best it possibly can. If a subluxation is interfering with your vision, correcting it may well allow an increase in your visual sensitivity. While there may be other factors that contribute to bad eyesight, keeping your body free of subluxation interference will insure that proper function of all body organs will occur.

**Our purpose is to educate and adjust families toward optimal health
with natural chiropractic care.**