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Chiropractic Information on the Web

Are you a Web-surfer? If so, you already know you can't believe everything you read on line. Although the World Wide Web offers a great deal of quality advice, the cyber highway also includes potholes of misinformation. According to Dr. Christiana, this is especially true when it comes to information about chiropractic.

Because the Web isn't well regulated, a prodigious amount of inaccurate reports about chiropractic and other holistic-care strategies have flooded the Internet. Much of this data is based on fabrication, not research.

To help patients sort through chiropractic information on the Web, Dr. Christiana has compiled an extensive list of quality sites. Keep this reference sheet handy, and refer to it the next time you're searching for wellness information in cyber space.

General Information Sites

The Chiropractic Resource Organization (www.chiro.org) provides a broad range of reports for chiropractors and their patients. Click the "Links" button to view research-based articles. Or, click the "Chiro-history" button to access a vast collection of historical photographs depicting chiropractic's rich past.

The Chiropractic Page (www.mts.net/~ledgwins/chiropage) boasts an impressive selection of links to chiropractic information on the Net.

If a career in chiropractic interests you, navigate to the "Colleges" section for hyperlinks to accredited chiropractic schools located around the globe.

Pediatric Sites

If you're a parent, don't miss the Kids Need Chiropractic Too page, hosted by Chiro.org (www.chiro.org/places/ABSTRACTS/Kids.shtml). This site is a treasure chest of research-based articles on pediatric chiropractic - all written by experts in the field.

Does your child suffer from a specific health condition? Wondering if chiropractic can help? Surf over to The International Chiropractic Pediatric Association's site (www.4icpa.org) and click the "Research" button. You'll find an extensive list of common childhood ailments. Click on the ailment you're interested in for a summary of published research on chiropractic's role in alleviating the condition.

Chiropractic Organization Sites

Click the "Consumer Information" icon on The International Chiropractic Association's Web site (www.chiropractic.org) for an easy-to-read outline of chiropractic facts. The Consumer Information page also compiles answers to common questions about chiropractic, and includes a patient's guide to chiropractic and a guide to perfect posture.

At The American Chiropractic Association (www.amerchiro.org) site, navigate to the "About Chiropractic" section for a wellwritten update on chiropractic and chiropractic education. The "Hot Topics" page provides late-breaking updates on chiropractic events making news.

The World Federation of Chiropractic (www.wfc.org) site is another Web stop worth a visit. From the home page, click your preferred language. Next, use the drop-down menu to choose "Facts on Chiropractic." This informationpacked overview synthesizes facts on chiropractic's presence throughout the globe.

Canadian chiropractic fans can learn more about the profession's presence in their country at the Canadian Chiropractic Association's site (www.ccachiro.org), while patients in Australia will be treated to a wealth of valuable information at the Chiropractors' Association of Australia "down under" site in cyberspace (www.caa.com.au).

Chiropractic Research Sites

If you're a tech-savvy science buff, surf over to one of the many chiropractic research journals that publish on-line abstracts. In addition to providing a wealth of information, the abstracts are available to the public at no cost. The well-respected journals - each of which are peerreviewed - include The Chiropractic Research Journal (www.liferesearch.edu/crj/crj.html), The Journal of Manipulative and Physiological Therapeutics (www.mosby.com/jmpt), The Journal of Vertebral Subluxation Research (www.jvsr.coni), the Chiropractic Journal of Australia (www.caa.com.au) and the Journal of the American Chiropractic Association (www.amerchiro.org).

The Federation for Chiropractic Education and Research (www.wfc.org) outlines ongoing research projects, and eloquently explains the importance of continued investigation.

Your Doctor's Site

Looking for a simple way to tell others about chiropractic? Ask your doctor about his or her office's place in cyberspace - and tell your friends, family and co-workers about your doctor's Web site or e-mail address.

**Our purpose is to educate and adjust families toward optimal health
with natural chiropractic care.**