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Chiropractic: Effective long and short term

A 1990 study reported in the British Medical Journal found that patients receiving Chiropractic care for spine-related work injuries were significantly better within six months than patients under medical care. The study found that the patients also stayed better during a two year follow-up period.

In the study, 741 patients were seen over a three year period with about half receiving chiropractic care and the other half receiving medical care. The findings were confirmed with pain questionnaires and range of motion tests. Progress was charted by the patient's ability to sit, lift, walk and conduct the normal activities of their daily lives.

The study also noted that the Chiropractic group missed less time from work than the medical group. Based on its effectiveness and long term benefits, the researchers recommended that Chiropractic should be included in the British National Health Service.

Chiropractic Wellnes Care will keep you healthier for a lifetime. But if you or someone you know has been hurt in a work-related or other injury, Chiropractic care should begin immediately. Not only will the injury heal quicker, you'll get, and stay healthier.

**Our purpose is to educate and adjust families toward optimal health
with natural chiropractic care.**