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Chiropractic Boosts Immune System Cells

Chiropractors generally aren't allowed to claim that their manipulations help anything but back problems. But adjusting the spine also adjusts nerve flow from the brain, and that nerve flow governs all of the body's functions. It's not surprising, therefore, that research often shows chiropractic adjustments affecting more than just the back.

For example, this study looked at certain immune system cells, and found that they were stronger in several ways after patients had had their spines adjusted. Those same differences did not show up in patients who'd been "sham treated" (physically manipulated but not adjusted), nor in those who just had their soft-tissues worked on.

P. C. Brennan et "Enhanced phagocytosis and respiratory burst induced by spinal manipulation: A role of substance p." *Journal of Manipulative and Physiological Therapeutics* 14 (1991): 399-408.

Our purpose is to educate and adjust families toward optimal health

with natural chiropractic care.